

NORTH CARIBOO SENIORS' COUNCIL

VOLUNTEERS HELPING SENIORS IN DIFFICULT TIMES

#102 – 246 St. Laurent Avenue (Spirit Square)

Quesnel, BC V2J 2C9 250 991 0510

EMAIL: info@caribooseniorscouncil.org

Office hours are: Monday to Thursday 10:30 to 1:30

Find us on the web caribooseniorscouncil.org or

on Facebook North Cariboo Seniors' Council



Winter/Spring 2022



Our Mission

To protect and enhance the safety, quality of life, livability and sustainability of our senior citizen community. We will strive to benefit such members of our community by using the opportunities available to us.



\$33,333

YEAR 2 OF 3 YEAR FUNDING

THANK YOU!

For your continued support of North Cariboo Seniors Council and the seniors' in our communities.

Last year we were able to support :

Program	Clients	Hours	# Visits	Volunteer Hours
Yard Works	37 Clients	362 hours	289 visits	23.5
Snow Removal	33 Clients	134.75	326 Visits	12.5
Seniors' Connection	82 Clients	1993 Meals	785	296.25
Transportation	45 Clients	N/A	N/A	48

Looking around our community we are seeing the difference their financial support has made, to make our community an
Age Friendly Community.

YARD WORKS/SNOW REMOVAL 2021/2022

We are very grateful to Ron and Calvin for all their hard work this past winter season. We recognize each snowfall made their work more difficult. We are pleased to announce that we were able to get funding for a new trailer, snowblower, and equipment to make snow removal easier.

SPECIAL THANKS TO



Four Rivers

Four Rivers CO-OP for the \$4600 grant to purchase a new snowblower, trailer, lawnmower, and supplies.



Seniors Connection Program Seniors Cooking for Seniors

We had one senior who was over 85 helping us prepare 217 meals for our Seniors' Connection program.

If you know of a senior who is isolated or in financial hardship and could benefit from our meal program, please call our office at

250-991-0510.



SPECIAL THANKS TO
QUESNEL COMMUNITY
FOUNDATION FOR THE \$3500
GRANT TO PURCHASE A NEW
FREEZER, COUNTAINERS AND
SUPPLIES FOR OUR PROGRAM!

5 reasons to have a North Cariboo Seniors' Council

Membership for only \$10.00

Your membership fee will help us as we work to improve the lives of our seniors, and you may be one some day.

You can know that you put a smile on a seniors face by providing food or keeping them safe and supported in their own home.

The membership in the NCSC allows Quesnel to get funding and support for being an age friendly community.

You are supporting your parents, grandparents, aunts, and uncles who have all helped build our community.

Your membership supports our volunteers in providing an average of 85 visitations, 187 meals, and over 50 hours of yard work or snow removal on per month.

Please See website for application or call the office at 250-991-0510

Community and Business memberships are available.

CVTIP



North Cariboo Seniors Council is proud to partner with the Community Volunteer Income Tax Program (CVITP)

If you need tax support or income tax filed for the 2021 year, please call to book your appointment:

Sharon @



AREAS A, B, C, & I \$2000 COVID FUNDING

THANK YOU!

For your continued support of North Cariboo Seniors Council and the seniors' in our communities.

Whatever we possess becomes of double value when we share it with others.

Looking around our community we are seeing the difference their financial support has made,



AGM JUNE 1ST, 2022

630 PM

LOCATION:

NORTH CARIBOO SENIORS'

COUNCIL OFFICE

BOARDROOM

246 ST LAURENT AVE

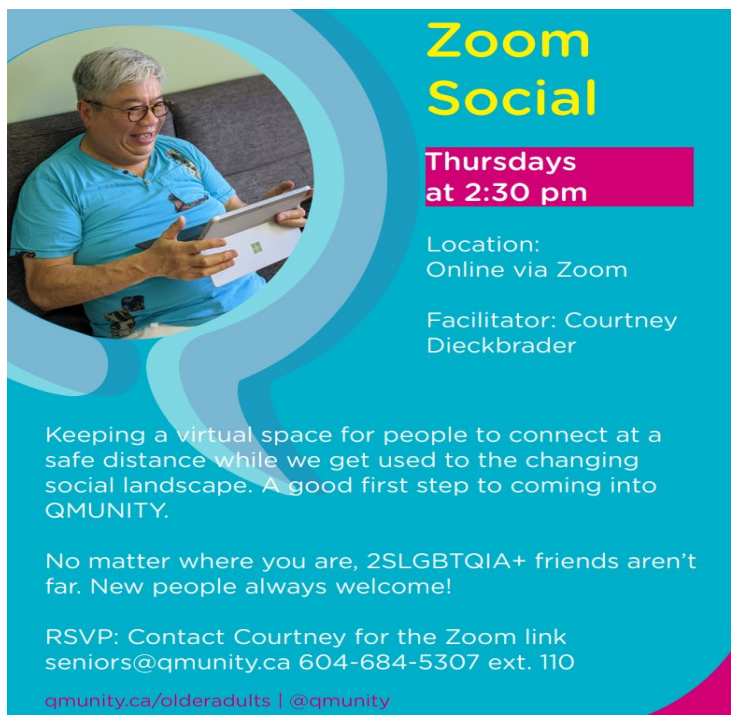
OR YOU CAN CALL IN THROUGH ZOOM

(email coordinator or call 250-991-0510 for details)

CELEBRATING TWO FULL YEARS, SUPPORTING OUR SENIORS!

Please join us and

THANK YOU FOR YOUR SUPPORT!

A graphic for "Zoom Social" featuring a circular inset photo of a man with glasses and a blue shirt using a tablet. The background is a teal-to-pink gradient with abstract shapes.

**Zoom
Social**

**Thursdays
at 2:30 pm**

Location:
Online via Zoom

Facilitator: Courtney
Dieckbrader

Keeping a virtual space for people to connect at a safe distance while we get used to the changing social landscape. A good first step to coming into QMUNITY.

No matter where you are, 2SLGBTQIA+ friends aren't far. New people always welcome!

RSVP: Contact Courtney for the Zoom link
seniors@qmunity.ca 604-684-5307 ext. 110

qmunity.ca/olderadults | @qmunity